

Proper of the Mass
and
Liturgy of the Hours

Feast of Our Lady of the Cenacle

Saturday after Ascension

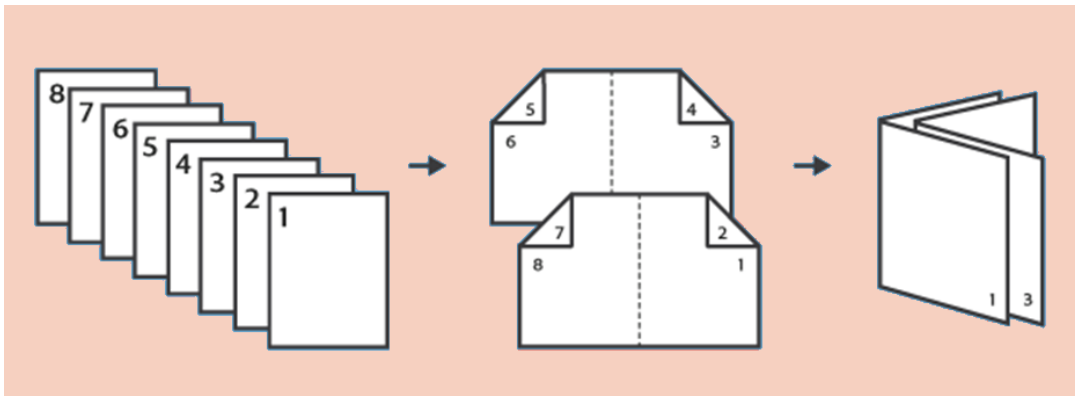


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CONGREGATIO PRO CULTU DIVINO

Prot. N. 270/87

CONGREGATIONIS SORORUM DOMINAE NOSTRAE A RECESSU CENACULI

Instante Reverenda Matre Barbara Ehrler, Superiorissa Generali Congregationis Sororum Dominae nostrae a Recessu Cenaculi, litteris die 20 ianuarii 1987 datis, vigore facultatum huic Congregationi a Summo Pontifice IOANNE PAULO II tributarum, textum anglicum Proprii Missarum et Liturgiae Horarum, prout exstat in adnexo exemplari, perlubenter probamus seu confirmamus.

In textu imprimendo mentio fiat de confirmatione ab Apostolica Sede concessa. Eiusdem insuper textus impressi duo exemplaria ad hanc Congregationem transmittantur.

Contrariis quibuscumque minime obstantibus.

Ex aedibus Congregationis pro Cultu Divino,
die 3 februarii 1987.

✠ VERGILIUS NOË

*Archiep. tit. Vancariensis
a Secretis*

PETRUS MARINI

Subsecr.



Saturday after Ascension
OUR LADY OF THE CENACLE



Solemnity

This feast was instituted in 1886 and is the patronal feast of the Congregation of Our Lady of the Cenacle. It celebrates the mystery of prayerful expectation and waiting in retreat with Mary by the first assembly of the Church, directed to that outpouring of the Spirit which sent the apostles to the ends of the earth (Acts 1:12-14).

This mystery is the inspiration for integrating the three dimensions of the mission of the Sisters of the Cenacle - apostolic service, prayer and community life.

MASS

ENTRANCE ANTIPHON

Acts 1:14

All were joined in continuous prayer with the women and Mary, the mother of Jesus. Alleluia.

GLORIA

OPENING PRAYER

Lord our God,
you gathered together the disciples in the Cenacle
with Mary, the mother of Jesus,
and you filled them with your Holy Spirit.
Grant that we may persevere in prayer,
be filled with that same Spirit,
and so be enabled to bring the Good News to all.
We ask this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, forever and ever.

or:

Lord our God,
 you poured out the Holy Spirit on Mary,
 the mother of Jesus,
 as she prayed with the disciples in the Cenacle.
 Through her intercession, grant us the same Spirit
 and keep us faithful in spreading the Gospel
 that it may reach the ends of the earth.
 We ask this through our Lord Jesus Christ, your Son,
 who lives and reigns with you and the Holy Spirit,
 one God, forever and ever.



READING I

*"I will give you a new heart
 and put a new spirit in you"*

A reading from the book of the prophet Ezekiel

Ez 36:23-28

I will take you from the nations,
 and gather you from all the countries,
 and bring you into your own land.
 I will sprinkle clean water upon you,
 and you shall be clean from all your uncleannesses
 and from all your idols I will cleanse you.
 A new heart I will give you,
 and a new spirit I will put within you;
 and I will take out of your flesh the heart of stone
 and give you a heart of flesh.
 And I will put my spirit within you
 and cause you to walk in my statutes
 and be careful to observe my ordinances.
 You shall dwell in the land
 which I gave to your ancestors;
 and you shall be my people
 and I will be your God.

RESPONSORIAL PSALM

Ps 48:1-4, 9, 10, 11a

R. (10) God, in your temple, we ponder your love.

Great is the Lord and wholly to be praised
in the city of our God.

God's holy mountain, fairest of heights,
is the joy of all the earth.

R. God, in your temple, we ponder your love.

Mount Zion, "the recesses of the North",
is the city of the great King.

God is with her castles;
renowned as a stronghold.

R. God, in your temple, we ponder your love.

As we had heard, so we have seen
in the city of the Lord of hosts,

The city of our God;
God makes it firm forever.

R. God, in your temple, we ponder your love.

O God, we ponder your kindness
within your temple.

As your name, O God, so also your praise
reaches to the ends of the earth.

R. God, in your temple, we ponder your love.

READING II

*"All were joined in continuous prayer with Mary,
the mother of Jesus"*

A reading from the Acts of the Apostles

Acts 1:6-14

When they had come together,
they asked him,
"Lord, will you at this time
restore the kingdom to Israel?"

Jesus said to them,
"It is not for you to know the times or seasons
which the Father has fixed by his own authority.
But you shall receive power
when the Holy Spirit
shall come upon you:
and you shall be my witnesses
in Jerusalem and in Judea and Samaria
and to the ends of the earth."
And when he had said this,
as they were looking on,
he was lifted up
and a cloud took him out of their sight.
And while they were gazing into heaven
as he went, behold two men
stood by them in white robes,
and said, "Men of Galilee,
why do you stand looking into heaven?
This Jesus, who was taken up from you into heaven,
will come in the same way
as you saw him go into heaven."
Then they returned to Jerusalem
from the mount called Olivet,
which is near Jerusalem,
a sabbath day's journey away;
and when they entered,
they went up to the upper room,
where they were staying,
Peter and John and James and Andrew,
Philip and Thomas, Bartholomew and Matthew,
James the son of Alphaeus and Simon the Zealot,
and Judas the son of James.
All these with one accord
devoted themselves to prayer
together with the women
and Mary the mother of Jesus
and his brothers.



GOSPEL ACCLAMATION

Jn 14:16

R. Alleluia, alleluia. I shall ask the Father and he
will give the Advocate to be with you forever.

R. Alleluia.

GOSPEL

Lk 24:44-53

*"Stay in the city until you are clothed
with power from on high"*

✠ A reading from the holy gospel according to Luke

Jesus said to them:

"These are my words which I spoke to you,
while I was still with you,
that everything written about me
in the law of Moses and the prophets and the psalms
must be fulfilled."

Then he opened their minds
to understand the scriptures,
and said to them:

"Thus it is written,
that the Christ should suffer
and on the third day rise from the dead
and that repentance and forgiveness of sins
should be preached in his name
to all nations, beginning from Jerusalem.
You are witnesses to these things.

And behold,

I send the promise of my Father upon you;
but stay in the city
until you are clothed with power from on high."
Then he led them out as far as Bethany,
and lifting up his hands
he blessed them.

While he blessed them, he parted from them
and was carried into heaven.

And they returned to Jerusalem with great joy,
and were continually in the temple blessing God.



or

ACCLAMATION

Lk 8:21 and Lk 2:19

R. Alleluia, alleluia. Blessed are you, Virgin Mary,
for you heard the word of God and kept it in
your heart. Alleluia.

GOSPEL

John 17:11b-19

"Consecrate them in truth"

✠ A reading from the holy gospel according to John.

Jesus said:

"Holy Father, keep them in your name,
which you have given me,
that they may be one even as we are one.

While I was with them,
I kept them in your name,
which you have given me;
I have guarded them, and
not one of them is lost
but the son of perdition,
that the scripture might be fulfilled.
Now I am coming to you;
and these things I speak in the world
that they may have my joy
fulfilled in themselves.

I have given them your word;
and the world has hated them
because they are not of the world,
even as I am not of the world.

I do not pray
that you should take them out of the world,
but that you should keep them from the evil one.
They are not of the world,
even as I am not of the world.
Sanctify them in truth;
your word is truth.

As you sent me into the world,
so I have sent them into the world.
And for their sake I consecrate myself,
that they also may be consecrated in truth."

CREED

PRAYER OVER THE GIFTS

Accept, O loving God,
the gifts we offer you this day.
As we honour Mary, Our Lady of the Cenacle,
may we always be open to receive
the outpouring of your Holy Spirit.
We ask this through Christ our Lord.

PREFACE

Truly it is right and just to offer you
praise and thanks, almighty and everliving God,
always and everywhere.
You give us an admirable example
of prayer and unity
in the assembly of the Cenacle,
where the Mother of Jesus
gathered in prayer with the apostles and the women.
She who prayerfully awaited the coming of Christ,
fervently calls on the Advocate He promised.
She whom the Holy Spirit overshadowed
when the Word became flesh,
is again filled with that Spirit
at the birth of your new people.
She is the model of Christ's spouse the Church,
which led by the Spirit awaits with expectation
the second coming of Christ.

It is through Him that the angels
gathered around you adore your glory.
To their hymn of praise let us join our voices
in singing and proclaiming:
Holy, Holy, Holy ...

COMMUNION ANTIPHON

Acts 2:42

The disciples devoted themselves
to the apostles' teaching and fellowship,
to the breaking of bread and the prayers.
Alleluia.

PRAYER AFTER COMMUNION

Everliving God,
we are renewed by the breaking of the bread,
May this eucharist strengthen us
to persevere with one heart
in working for the unity of all people.
We ask this through Christ our Lord.

SOLEMN BLESSING

May God give you the grace to be like Mary,
ever attentive to receive his Word.

R. Amen.

May God keep you always united in prayer
to call the Holy Spirit on the world.

R. Amen.

May the fire of the Holy Spirit transform you
to be messengers of God's Word.

R. Amen.

OFFICE



Evening Prayer I

HYMN

Gathered round Mary, Your Mother

Ant. Gathered round Mary, Your Mother,
We ask of You, Lord Jesus,
Oh, grant us your Spirit,

Oh, grant us your Spirit,
give us your light,
Oh, grant us your truth.
Grant to us a heart, just like the world,
Embracing all!

Oh, grant us your Spirit,
grant us your wisdom,
To walk in your love.
Grant to us a heart, just like the world,
Embracing all!

Oh, grant us your Spirit,
Oh, grant us hope,
May faith shine in our hearts.
Grant to us a heart, just like the world,
Embracing all!

Oh, grant us your Spirit,
surround us with grace,
Fill us with your love.
Grant to us a heart, just like the world,
Embracing all!

Oh, grant us your Spirit,
give courage to us,
Teach us all to serve you well.
Grant to us a heart, just like the world,
Embracing all!

Oh, grant us your Spirit,
 sanctify your Church,
 Come, pray within our hearts.
 Grant to us a heart, just like the world,
 Embracing all!

Psalms from the Common of the Blessed Virgin Mary.

Ant. 1 The holy Spirit whom God will send in my name will teach you all things and bring to your remembrance all I have said to you, alleluia.

Psalm 112 (113).

Ant. 2 When the Spirit of Truth comes, you will be guided into all truth, alleluia.

Psalm 147.

Ant. 3 You will receive power when the Holy Spirit comes to you, and you will be my witnesses to the ends of the earth, alleluia.

Cant. Eph 1:3-10.

SCRIPTURE READING

Acts 1:4-5

While staying with them. Jesus charged them not to depart from Jerusalem, but to wait for the promise of the Father, which, he said, "You heard from me, for John baptized with water, but before many days you shall be baptized with the Holy Spirit."

RESPONSORY

R. Lord, send us your Spirit, alleluia, alleluia. *R.*

V. Our hearts will rejoice with a joy no one can take from us, alleluia, alleluia. *R.*

Glory be to the Father ... *R.*



MAGNIFICAT ANTIPHON

While the disciples remained in the Cenacle with Mary expecting the promise of the Father, they were continually praising and blessing God, alleluia.

INTERCESSIONS

Gathered around Our Lady of the Cenacle, let us pray to the Lord with confidence:

R. Lord, send forth your Spirit and renew the face of the earth.

You formed the heart of Mary to receive your word,
— give us a listening heart.

You led Mary towards the accomplishment of your will,
— make us responsive to your voice.

You called Mary to surrender to the Holy Spirit,
— teach your people to give themselves to your love.

You made Mary the Mother of the Church,
— give comfort and peace to those who suffer.

You raised Mary to your side as Queen of Heaven,
— welcome all the departed into your kingdom of life.

OUR FATHER

PRAYER (as in the Mass).

INVITATORY

Ant. Gathered together in the Cenacle with Mary,
Let us adore the Lord, alleluia.

Office of readings



HYMN

Maria conservabat

And Mary
kept all these things
pondering them in her heart.

Pondering, pondering them
in her heart.
Alleluia, alleluia.

Psalms from the Common of the Blessed Virgin Mary.

Ant. 1 O daughter of Sion, rejoice and exult with all
your heart, for the Lord your God is in your
midst, alleluia.

Psalm 23 (24).

Ant. 2 The Holy Spirit come upon you and you will
become the dwelling place of the Most High,
alleluia.

Psalm 45 (46).

Ant. 3 In you all find their home, Holy Mother of
God, alleluia.

Psalm 86 (87).

VERSICLE

Y. Blessed are those who hear the word of God,
alleluia.

R. Blessed are those who put it into practice,
alleluia.

FIRST READING

*The glory of the Lord returns to live in
the Temple*

Reading from the Book of Ezekiel 43:1-7a

And behold, the glory of the God of Israel came from the east; and the sound of his coming was like the sound of many waters; and the earth shone with his glory. And the vision I saw was like the vision which I had seen when he came to destroy the city and like the vision which I had seen by the river Chebar; and I fell upon my face. As the glory of the Lord entered the temple by the gate facing east, the Spirit lifted me up and brought me into the inner court; and behold, the glory of the Lord filled the temple. While the man was standing beside me, I heard one speaking to me out of the temple and he said to me, "This is the place of my throne and the place of the soles of my feet, where I will dwell in the midst of the people of Israel forever."

- R. God is living within you, holy dwelling of the Most High, alleluia.
- V. The cloud covered the temple, the glory of the Lord filled the sanctuary, alleluia.
- V. The Holy Spirit will come upon you and the power of the Most High will overshadow you, alleluia.

SECOND READING

A Syriac Homily from the 5th century

The disciples were gathered in the upper room ...
"And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance."

O Cenacle, kneading bowl into which was cast the yeast that would leaven the entire universe!

Cenacle, Mother of all the churches, admirable womb which brought forth to the world temples of prayer! Cenacle, which lived the miracle of the burning bush! Moses was amazed to see a bush burning and yet not consumed. Come now to see people of flesh and blood rejoicing amid the tongues of fire! Cenacle, which astonished Jerusalem by a wonder greater than the furnace that struck with awe the people of Babylon!

The fire of the furnace burned those around it but spared those within it. The fire of the Cenacle gathered together those outside who desired to see it, while it fortified those within it. The fire of the furnace was burning outside the bodies of the saints, but the fire of the Cenacle was burning deep in the hearts of the apostles. O fire whose coming is word, whose silence is light, fire which confirms hearts in thanksgiving!

The apostles were there, seated, waiting for the coming of the Spirit. They were there like soldiers of a king waiting for the moment to don their armor and march to battle. They were there like torches waiting to be kindled by the Holy Spirit in order to enlighten all creation with their teaching. They were there like farmers carrying the seed in the fold of their cloaks awaiting the moment when they would receive the order to sow. They were like merchants full of zeal awaiting the moment of setting out to distribute their treasures to the world. They were there like navigators whose ship was anchored in port at the command of the Son and who waited for the gentle breeze of the Spirit to blow for them. They were there like shepherds who had just received their crooks from the hands of the great Shepherd of the whole flock and who waited for the flock to be divided among them.

"Now there were dwelling in Jerusalem ... devout people from every nation under heaven" gathered

by the action of the Spirit and "they were bewildered because each one heard them speaking in his own language" and they said. "Are not all these who are speaking Galileans?" How can they speak in our languages? ... "They are filled with new wine!" Indeed, you have spoken the truth, but it is not as you believe. They have not drunk the wine of the grape but a new wine which flows from heaven. It is a wine newly pressed on Golgotha. The apostles offered it to be drunk and through it inebriated all creation. It is a wine which was pressed out on Golgotha by the executioners. They did not drink it, but it was given to the believers for forgiveness ... The prophet had cried out, "In the last days I shall pour out my Spirit upon all flesh and your sons and daughters shall prophesy."

The Father promised, the Son acted and the Holy Spirit brought to fulfillment.

REPONSE

- R. Spirit of God, whose coming is word,
 * with Mary and the apostles we praise you.
- V. Heavenly fire, bringing to life temples of prayer
 around Mary,
 * with Mary and the apostles we praise you.
- V. Heavenly fire, filling hearts with thanksgiving,
 * with Mary and the apostles we praise you.



Vigil

Ant. This is God's dwelling among us. We shall be God's people.

Canticles from the Common of the Blessed Virgin Mary.

Cant. 1 Isaiah 61:10-62.

Cant. 2 Isaiah 62:4-7.

Cant. 3 Sirach 39:13-16a.

GOSPEL: Lk 24:44-35 (as in the Mass).

TE DEUM.

PRAYER (as in the Mass).



Morning Prayer

Hymn to Our Lady of the Cenacle

You pondered, Mary, in your heart
And many memories stored,
Renewed your "YES" from day to day
So faithful to the Lord.

And listening to the word of God,
Your life was filled with light.
Our Lady of the Cenacle.
We ask for faith not sight.

O daughter true, your love of God
Grew deeper every day.
O Mary of the Upper Room,
O teach us how to pray.

Your hope in God was strong as death
Nor was that hope in vain.
O Mother of the Church—of us—
The fruit of all your pain.

The Spirit's fire dispelled the gloom,
That pentecostal feast.
O Mary in the Upper Room
We beg the gift of peace.

And may the Spirit be outpoured
And set our hearts aflame,
To witness to the Risen Christ
And serve all in his name.

Psalms of Sunday week I.

Ant. 1 From the Mount of Olives the disciples returned to Jerusalem and when they reached the city, they went to the Upper Room, alleluia.

Psalm 62 (63).

Ant. 2 All joined in continuous prayer, together with the women and Mary, the mother of Jesus, alleluia.

Cant. Daniel 3.

Ant. 3 Mary kept all these things and pondered them in her heart, alleluia.

Psalm 149.

SCRIPTURE READING

Is 62:1-3

For Zion's sake I will not keep silent, and for Jerusalem's sake I will not rest, until her vindication goes forth as brightness, and her salvation as a burning torch. The nations shall see your vindication, all the kings your glory; and you shall be called by a new name which the mouth of the Lord will give. You shall be a crown of beauty in the hand of the Lord, and a royal diadem in the hand of your God.

R. Sing and rejoice, daughter of Sion, alleluia, alleluia. **R.**

V. The Lord is with you, alleluia, alleluia. **R.**

BENEDICTUS ANTIPHON

Mary, filled with the Spirit: you are the glory of Jerusalem, You are the joy of Israel, you are the honour of the whole Church, alleluia.



INTERCESSION

At the beginning of this day, let us unite our voices to those of all generations and glorify God for the wonders He has accomplished in Mary:

R. We praise you Lord and we bless you.

For Mary, attentive to your word and model of the listening heart,

— we praise you Lord and we bless you.

For Mary in whom you have made the eternal word come to life, mother of the new Man,

— we praise you Lord and we bless you.

For Mary who watched over the growth of Jesus and is maternal presence to the Church,

— we praise you Lord and we bless you.

For Mary who called down the Holy Spirit on the apostles and the newborn Church,

— we praise you Lord and we bless you.

OUR FATHER

PRAYER (as in the Mass).

Mid-morning Prayer

Ant. Blessed are those who hear the word of God, alleluia.

Psalms from the Common of the Blessed Virgin Mary.

SCRIPTURE READING

Col 3:12-14

You are God's chosen race, he loves you and you should be clothed in sincere compassion, in kindness and humility, gentleness and patience. Bear with one another, forgive each other as soon as a

quarrel begins. Over all these clothes to keep them together and complete them put on love.

¶. Tender and compassionate is the Lord, alleluia.

℞. Patient and ready to forgive, alleluia.

Mid-day Prayer

Ant. Blessed are those who keep the word of God and yield a harvest through their perseverance, alleluia.

Psalms from the Common of the Blessed Virgin Mary.

SCRIPTURE READING

Col 3:14, 15

May the peace of Christ reign in your hearts because it is for this that you were called together as parts of one body. Always be thankful.

¶. By the love you have for one another, alleluia.

℞. All will know you are my disciples, alleluia.

Mid-afternoon Prayer

Ant. Proclaim the message with all boldness, alleluia.

Psalms from the Common of the Blessed Virgin Mary.

SCRIPTURE READING

Col 3:16-17

Let the message of Christ in all its richness, find a home with you. Teach each other, and advise each other in all wisdom. With gratitude in your hearts sing psalms and hymns and inspired songs to God and never say or do anything except in the name of the Lord Jesus, giving thanks to God the Father through him.

¶. I will bless the Lord at all times, alleluia.

℞. God's praise will ever be on my lips, alleluia.

**Evening Prayer II****HYMN**

O Mary, caught up by God

O Mary, caught up by God,
 caught up by the Spirit of Love,
 the prey of love
 from the first moment of your existence,
 you who never withdrew yourself
 from the grasp of the royal Eagle,
 make each child of yours in the Cenacle
 a soul caught up by God,
 surrendered beyond return —
 a soul who pours out upon the world
 the gift of love.

Psalms from the Common of the Blessed Virgin Mary.

Ant. 1 The whole group of believers with Mary were united heart and mind, alleluia.

Psalm 121 (122).

Ant. 2 The apostles continued to testify to the resurrection of the Lord Jesus with great power, alleluia.

Psalm 126 (127).

Ant. 3 The word of the Lord continued to spread with influence and power, alleluia.

Cant. Eph 1:3-10.

SCRIPTURE READING

Acts 2:42-47

They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers. And fear came upon every soul; and many wonders and signs were done through the apostles. And all who believed were together and had all

things in common; and they sold their possessions and goods and distributed them to all, as any had need. And day by day, attending the temple together and breaking bread in their homes, they partook of food with glad and generous hearts, praising God and having favor with all the people. And the Lord added to their number day by day those who were being saved.

SHORT RESPONSORY

R. The apostles were filled with the Holy Spirit,
* they proclaimed the marvels of God, alleluia. **R.**
V. Gathered around Mary Mother of Jesus,
* they proclaimed the marvels of God, alleluia. **R.**
Glory be to the Father ... **R.**

MAGNIFICAT ANTIPHON

Every day in the temple and at home, the disciples did not cease teaching and preaching Jesus as the Christ, alleluia.

INTERCESSION

In the Cenacle, God filled Mary and the disciples with the gifts of the Holy Spirit. Let us pray with joy:

R. Enkindle our hearts with the fire of your love.
Through your Spirit, you gave birth to the Church,
— strengthen her faith and lead her to unity.
Through your Spirit, you inflamed the hearts of the
apostles,
— enlighten all who seek truth.